Five Major Causes Of Divorce And How To Overcome It

by ZeHabesha

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BY JOB AYANTOYE ON

Divorce is always a nasty period in any dying relationship, with ‘nasty’ being the mildest of all possible words I can use. Just as any other issue in family life, I dare say just like any other illness, there are causes, symptoms andremedies. The first step in overcoming any problem is to analyse it – recognize the issues so that proper remedies can be applied. Here I will try to point out five major causes of divorce, and what can be done to overcome it.

1 – Understanding

If none of the above applies to you, think of another problem. You might love your partner, and he / she might love you back. You might have been spending enough time with your family too, but still you argue a lot. Understanding your significant other can be a hard thing to accomplish, and it’s often the root to any problem. Put yourself in their shoes. Ask yourself why is your significant other acting a certain way, if there is love, and you will find your answers.

2 – Love

Love is obviously, one of the biggest reasons for both marriage and divorce. Without love, any relationship, and marriage especially, can’t survive. Reigniting the doused flame of love can sometimes be hard, especially if your significant other refuses to try, and a lot of people agree that going away for a while can help.

Any vacation, to the mountains or the seaside, or anywhere else for that matter, as long as it’s just the two of you and no obligations, no rush of everyday life, can help you save your marriage.

3 – Work / Life balance

Don’t be that person who works all the time, it kills any marriage. Matrimony requires devotion, and if you’re more devoted to making money rather than your significant other, it will destroy you. Try and take a step back from your work: analyse how much time you spend in the office, and how much at home / with your family. If the numbers go way up in the ‘job’ section, there’s your problem.

4 – Ego

‘Too much ego will kill your talent’ goes the saying, and the same thing applies to your marriage. Marriage (and any other relationship, for that matter) is based on love, trust and compromise, and if your ego is too strong and you’re not willing to compromise, it will destroy your marriage. Don’t be too stubborn about things, and try to do some things which will make your significant other happy, even if you don’t agree with it. It works wonders for marriages.

5 – The bedroom

S\*x is an important factor in any marriage. Just like eating and drinking, s\*xual activity is necessary in any person’s life, and if your bedroom windows aren’t steamy every once in a while, you might want to do something about it. However, being married for a long time can kill the lust, and sometimes you need to get creative and spice things up, maybe even add a s\*x toy or two.